# Menu 3 steps stroll in the loire valley

### To start Bluefin tuna gravlax

Ginger-nori condiment | cucumber gazpacho with white balsamic and sake | white miso cucumber roll | quinoa chips

## Brittany octopus

Slowly confited thick slice | local fennel variations | fennel, lemon, and basil sorbet

### Next

## Fish of the moment

Herb and seaweed crust | Snow peas and green beans | shellfish dauphine potatoes | shrimps | samphire | « beurre blanc »

# Free-range guinea fowl

Slow-cooked | zucchinis | caramelized eggplant purée | leg with "merguez" spices in Ouchamps zucchini flower | verbena jus

## Maybe Trolley of cheeses from here and around France (extra €18)

To finish

# Choice of dessert from our dessert menu

# Menu 4 steps TRIP TO LOIRE VALLEY

#### To start Brittany sardines & regional tomato variations Miso and whisky lacquered grilled sardine | sun-dried arlequin tomatoes | sardine tarama | tomato sorbet | herb coulis

#### Then

### Blue Lobster & apricot

Apricot variations | kadaïf-wrapped claw | almond purée | garden flowers | cardinale sabayon with raspberry vinegar

#### Next

### Fish of the moment

Barigoule poivrade artichoke "tajine" style, stuffed with ratatouille | Macaire potato | artichoke mousseline | saffron sauce

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### Tandoori glazed lamb

Tandoori-marinated and roasted saddle | crispy shoulder | tomato and pesto panisse | grilled beef heart tomatoes with Cecina | Kalamata olive jus

### Maybe Trolley of cheeses from here and around France (extra €18)

#### To finish

# Choice of dessert from our dessert menu

# Grand Menu THE AUBERGE TASTING MENU

## To start Bluefin tuna gravlax

Ginger-nori condiment | cucumber gazpacho with white balsamic and sake | white miso cucumber roll | quinoa chips

### Then Blue Lobster & apricot

Apricot variations | kadaïf-wrapped claw | almond purée | garden flowers | cardinale sabayon with raspberry vinegar

# To continue

### Fish of the moment

Barigoule poivrade artichoke "tajine" style, stuffed with ratatouille | Macaire potato | artichoke mousseline | saffron sauce

## Next

### Sweetbreads

Tomato and pesto panisse | grilled beef heart tomatoes with Cecina | Kalamata olive jus

# Maybe Trolley of cheeses from here and around France (extra €18)

# To finish

# Choice of dessert from our dessert menu

# Desserts

# Peach & Hibiscus Carcadet Infusion

Puff pastry tartlet | peach marmalade | vanilla crémeux | flat peach poached in Carcadet | roasted peach | crispy tuile | hibiscus Carcadet sorbet

## Rhubarb and Seasonal Flowers

Candied Mira rhubarb, raw and in a tartlet | Poached Framboisine rhubarb and rhubarb sorbet | Panna cotta with seasonal flowers, lemon balm and rhubarb juice

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# Millot 74% Valrhona Chocolate, Hazelnut & Miso

Chocolate from Madagascar's Millot Plantation | Hazelnut cream tartlet | Shards of chocolate and roasted hazelnut | Miso foam | Misohazelnut chocolate espuma | Hazelnut ice cream

